

Tree Rhythm Gathering Results

Here are the results of our experiment on July 18 showing the graph of the biorhythms that were recorded that day (see graph below).

And here is HeartMath's Research Medical Technologist Jackie Waterman's very tentative report on these results, qualifying that this is only a preliminary evaluation and not for public sharing or publication - so again, this is just more data they are gathering in hopes of coming to some more definite conclusions.

Here are her thoughts:

"Trees tend to respond quite slowly, and sometimes they can fool us. We'd like to see a rise in the data to correlate a response, but we don't really know what we will see. Any change from the baseline is something to keep tabs on!

A hypothesis from last week *could be* that Lark-Oak's electrical impulses became quieter when your hearts were focused on the tree, and then remained in that state for a little longer afterward, before the activity started to rise.

This is not saying that the trend will repeat on a different day – more analysis would have to be done to correlate with this graph data for sure, but it's pretty exciting to see!"

Our plan is to schedule more gatherings of maybe once a month to create a consistent setting to see if the graphs show a similar result.

